



## Merény-Ap Yanginy is open Wednesday and Friday

Orders close 7am online and  
9am at Canteen

### Traffic Light Food Labels

- Everyday Food
- Sometimes Food
- Not Often Food



Canteen Manager - Sharon Boreham  
Phone - 0452 575 834  
Email - easthamiltonhillcanteen@gmail.com

## Break 1

Served at 11:15am  
PP served at 12:30pm

### Hot Food

- Spag Bol / Mac & Cheese / Fried Rice \$4.50
- ChickEn Wrap - with Lettuce, Cheese and Mayo \$4.00
- Hamburger - with Lettuce, Carrot & Tomato, Cheese & Tomato or BBQ Sauce
  - White Roll \$5.50
  - Gluten Free \$7.00
- Sausage Rolls (Gluten Free +\$1.00) \$4.50
- Pies (Gluten Free +\$1.00) \$4.50
- 4 x ChickEn Nuggets - served with salad \$3.50
- 4 x Fish Fingers - served with salad \$3.50
- 8 x ChickEn Nuggets - served with salad \$5.00

### Meal Deals

- 4 Nuggets, Drink & Apple Slinky \$6.50
- 4 Fish Fingers, Drink & Apple Slinky \$6.50

### Toasties, Sandwiches, & Rolls

White Bread or Wholemeal Bread:

- 1 Filling and salad \$3.20
- 2 Fillings and salad \$4.20
- 3 + Fillings and salad \$4.50
- Gluten Free +\$1.00

#### Fillings Available

- Ham, Cheese, ChickEn, Egg, Tuna, Avocado, Lettuce, Beetroot, Tomato, Carrot, Cucumber
- \*\*Due to new canteen guidelines, all sandwiches etc must contain or be served with salad

### Salad Boxes

- Lettuce, Tomato, Carrot, Cucumber \$3.50
- Add Beetroot +\$0.30
- Add Tuna/ Egg/ Ham/ Avocado +\$0.50
- Add ChickEn +\$1.00

## Break 2

Served at 1:35pm  
PP served at 10:30am

### Hot Food

- Mini Pizza Cheese \$2.00
- Hawaiian - Ham, Cheese, Pinapple
- Aussie - Ham, Cheese, Bacon
- Cheesy - Toasted Bun with cheese \$2.50

### Sushi - Served with salad

- Teriyaki ChickEn & Cucumber \$6.50
- Teriyaki ChickEn & Avocado
- Tuna, Capsicum, Cucumber
- Avocado

### Fresh & Homemade

- Yogurt Cup - Plain or with seasonal fruit \$1.50
- 3 Pikelets & Fruit \$2.00
- Popcorn \$1.00
- Apple Slinky \$2.00
- Carrot or Celery sticks with Hommus \$2.50
- Corn on the Cob \$1.00
- Muffins \$1.20

### Frozen Treats

- Moosie - Assorted Flavours \$2.00
- Froyo - Assorted Flavours \$3.50
- Icy Pole - Assorted flavours
  - Full \$1.00
  - Half \$0.50

## All Day

Available Break 1 & 2

### Drinks

- Juice Boxes \$2.00
  - ABC | Apple | Orange | Tropical | Ribena
- Flavoured Milk \$2.00
  - Chocolate | Strawberry
- Bottled Water \$2.00



East Hamilton Hill Primary School



We are a member of the  
**WA School Canteen Association**  
which helps us to provide  
healthy and nutritious food  
[www.waschoolcanteens.org.au](http://www.waschoolcanteens.org.au)

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