



East Hamilton Hill Primary School NEWSLETTER

Issue #8

23 August 2023

East Hamilton Hill Primary School

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Newsletter



This is the first of a new look newsletter we will be trialling until the end of the year. We will continue to publish in week's 3, 6 and 9 of each Term. Your feedback is welcomed, and a decision will be made at the end of the trial period.

Zones of Regulation



As part of the school's focus on ensuring a Nurturing Learning Environment for our students, the school is continuing to embed the Zones of Regulation social-emotional learning program to help foster self-regulation, resilience and emotional control.

It has been wonderful to see the development of student's understandings of their emotions and associated strategies to deal with uncomfortable states. In Week 3 we held a parent information session which was well attended and included families who were utilising the program at home with success. During the school's Open Night in Week 9, members of our Zones of Regulation Team will hold an information stall in Room 11, so please stop by to find out more, ask any questions and to say hello.

Kind regards

Craig Beard and the Zones Team



Fremantle Men's Shed



As part of their Design and Technology unit, students in Room 9 have been lucky enough to participate in weekly visits to the Fremantle Men's Shed in Beaconsfield this Term.

Each week, students travel to Beaconsfield on a bus that has been generously donated by Fremantle College. Whilst there, as well as having loads of fun, Room 9 students have learnt how to use hammers, drills and saws to build a bird house out of wood.

Under the watchful eye and expertise of Mr Rob Chapman, students will eventually design and build a Billy Cart which they will then use to compete for the Year 6 Billy Cart Champion trophy!

Many of our year 6 students have completed their marvellous bird house creations. It has been wonderful to see everyone engaged and enthusiastic about learning new skills. We are extremely proud of how each of our Year 6 students have embraced this challenge.

We would like to take this opportunity to thank Garvin, Rob, Bill and the many volunteers at the Fremantle Men's Shed for providing our students with this amazing opportunity!

A special mention also to Fremantle College and Mr Winfield (Mrs Scheiblehner's father) for ensuring our students travel to and from this weekly program safely.









Westoz Wildlife Incursion



This week the staff and students were lucky enough to meet a range of amazing animals as part of the West Oz Wildlife incursion. Students were able to get up close and personal with Koalas, Reptiles, and Dingoes!

Students were able to meet and pet these awesome animals, and if the smiles were anything to go by, everyone thoroughly enjoyed this incredible learning experience.















Book Week



A friendly reminder that we will be celebrating Book Week on **Friday 25 August**. This year's theme is 'Read, Grow and Inspire' and we invite all students to come dressed as their favourite book character. The parade will commence at 9:00am and will be hosted by Room 16. We look forward to seeing our students in their wonderful costumes.

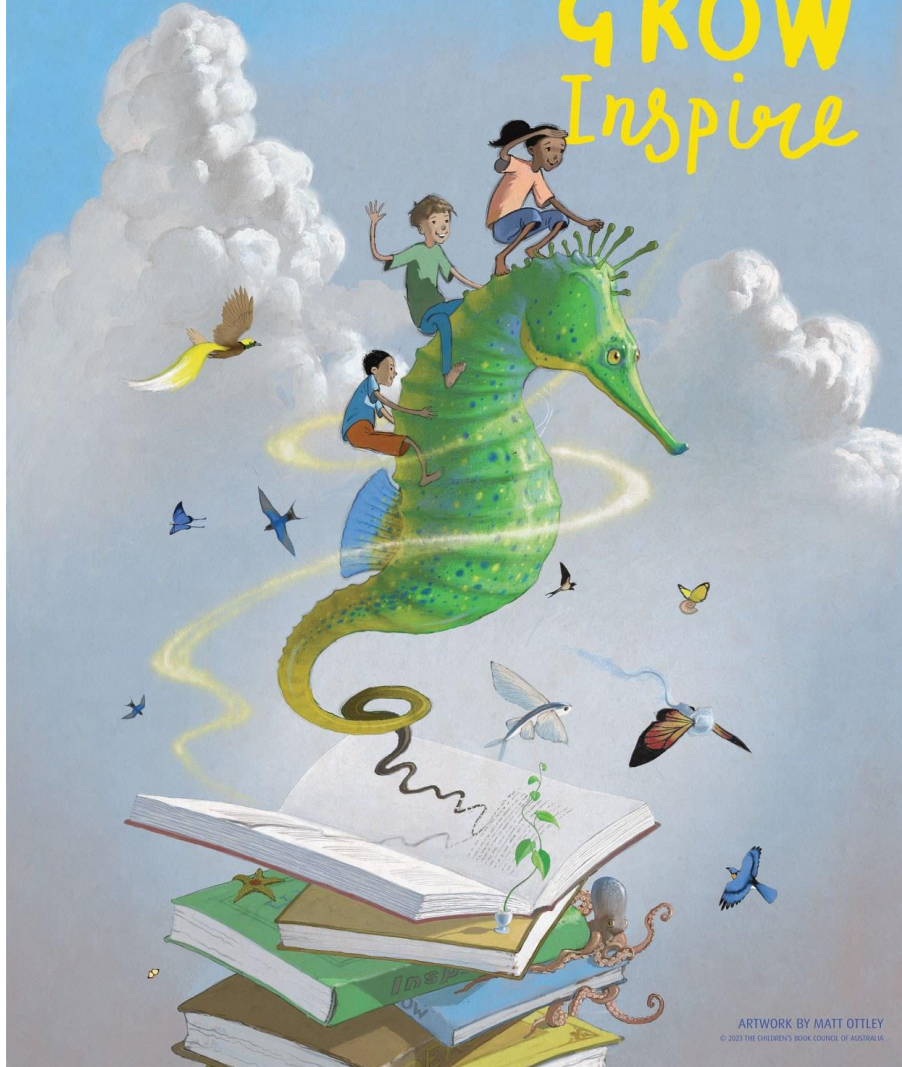


THE CHILDREN'S
BOOK COUNCIL
OF AUSTRALIA

CHILDREN'S
BOOK WEEK®

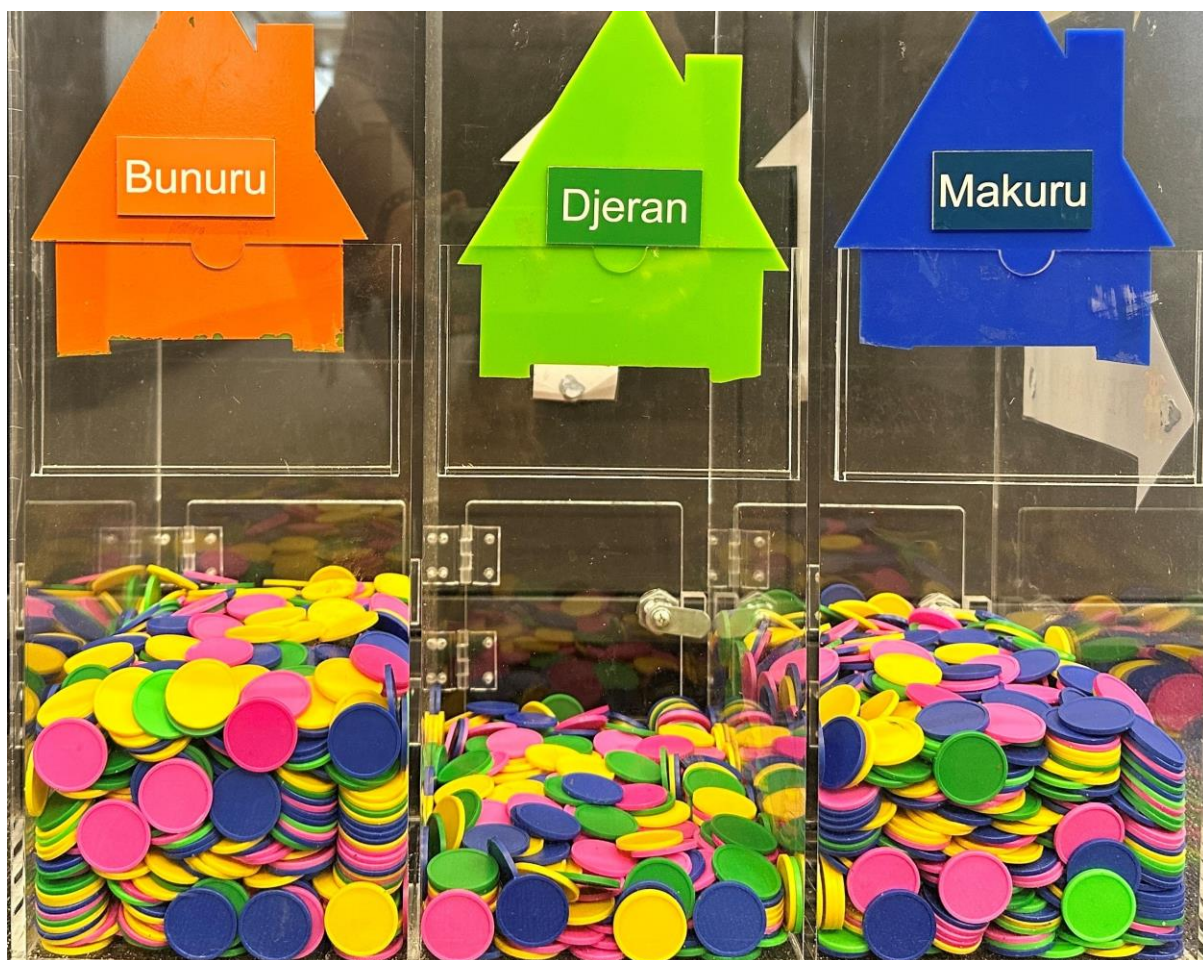
#CBCA2023

READ
GROW
Inspire



ARTWORK BY MATT OTTLEY
© 2023 THE CHILDREN'S BOOK COUNCIL OF AUSTRALIA

Faction Athletics Carnival



Our Faction Athletics Carnival is coming up in week 8. Jumps and Throws will be held on Monday 4 September, with the main carnival held on Friday 8 September, where all parents/carers are encouraged to attend and show their support. Students have been training hard during sport lessons, senior sport and even during break times - working on their team game skills and fitness in preparation for the big (two) days!

The Interschool Athletics Carnival will be held in week 10, on Tuesday 19 September at Winterfold Primary School. Those students who will be selected for the Interschool, notes for the team will be sent home with students in the next few weeks.

GO BUNURU, GO DJERAN, GO MAKURU!

Miss Gabrielson

Phys Ed Teacher

Attendance



Does your child have a chance of being successful? It doesn't seem like much but if you check out the chart below, the figures may surprise you.

If your child misses....	That equals....	Which is.....	and over 13 years of schooling that's...	Which means the best your child might perform is ...
1 day per fortnight	20 Days per year	4 weeks per year	Nearly <u>1.5 years</u>	Equal to finishing in grade 11
1 day per week	40 Days	8 weeks	Over <u>2.5 years</u>	Equal to finishing in grade 10
2 days per week	80 Days	16 weeks per year	Over <u>5 years</u>	Equal to finishing in grade 7
3 days per week	120 Days per year	24 weeks per year	Nearly <u>8 years</u>	Equal to finishing at grade 4

ThinkUKnow? Presentation



East Hamilton Hill will be hosting a ThinkUKnow presentation on 28 August at 5pm, and all parents, carers and teachers are encouraged to attend.

ThinkUKnow Australia is an evidence-based education program, developed by the Australian Federal Police and delivered nationally to prevent online child sexual exploitation.

Educational resources are informed by reports to the Australian Centre to Counter Child Exploitation, to ensure content delivered is addressing and responding to current trends seen by law enforcement.

ThinkUKnow Australia is a partnership between the Australian Federal Police, Microsoft Australia, Datacom and the Commonwealth Bank of Australia. The program is delivered in collaboration with Western Australia Police.

The presentation will be delivered by a local law enforcement member and an industry volunteer. The presentation is pro-technology and addresses topics including self-generated child abuse material, online grooming, sexual extortion, and importantly encourages help seeking behaviour.

This is a fantastic opportunity for you to learn more about young people and the online environment, and how you can help them to be safe and responsible users of technology. For more information, you can visit <http://www.thinkuknow.org.au/> or contact Mrs Helen Bedwood via email at helen.bedwood@education.wa.edu.au.

Helen Bedwood

Deputy Principal

School Parking



When parking at school pick-up and drop-off times, we ask parents/carers to please use the designated parking areas and avoid parking on the verge as this can obscure driveways and views of local residents and can be quite dangerous. We thank you for taking this into consideration.



EHHPS P&C NEED YOU

We Are Looking For

A TREASURER

- Do you have bookkeeping experience or an interest in finances?

A GRANT WRITER

- Do you know the ins & outs of applying for grants?

Please get in touch at:
president.ehhs@gmail.com

1 - Positions Available



FATHER'S DAY

Friday 1st September

\$2 donation

Kids can pick up a gift for Dad courtesy of EHHPS P&C ❤️

2 - Father's Day!

SPORTS CARNIVAL INFORMATION FRIDAY 8TH SEPTEMBER

Lunch Orders

Lunch this year will be a choice of pre-ordered sushi, rolls, pies and sausage rolls from the canteen. We will also have limited hot beef and gravy rolls and vegetable soup available for purchase on the day. A coffee van will also be on site from 9:15am.

Please return your order form, or place your order through My School Connect **before 3pm Friday 1st Sept. No late orders will be accepted.**

Students will have their orders delivered to their faction tent. Adults will need to collect from the cake stall.

Please note: Canteen will not be operating this day. Students will need to provide their own lunches if not pre-ordering. Unfortunately, due to kindy/PP returning to class or being released to parents after their events, we have to limit the pre-orders to Y1-5's only.



Cake Stall

We'd love all you baking superstars to bring in a plate of cakes, slices, muffins etc to sell at our cake stall. Savoury or sweet, but preferably nut-free. Please bring your plates straight to the cake stall on the day.

Please list ingredients if possible and label any containers so they can be returned.

Volunteers Needed

As always we rely on the help of volunteers to ensure the day runs smoothly.

Volunteers are required for the Cake Stall as well as setup and pack down.

Please get in touch with Georgina Stocker on 0449 982 880 if you can help with any of these.

Parent Reminder ❤️

Just a reminder parents, that this event is for our kids to participate and enjoy. Please be respectful, lead by example and remember the CARE values that we instill in our children everyday. No abusive behaviour towards staff or volunteers will be tolerated.

3 - Sports Carnival

EHHPS SPORTS CARNIVAL
LUNCH MENU



Sushi - \$6.50

- Chicken
- Avocado
- Tuna & Cucumber
- Chicken & Avocado



Fresh Rolls - \$4.50

- Chicken & Salad
- Ham and Salad



Beef Pie - \$4.80

- Sauce/ No Sauce



Sausage Roll - \$4.50

- Sauce / No Sauce

DRINKS: Juice and water available to pre-order, as well as purchase from the cake stall on the day

** Please return form with correct money to office by 3pm, 1st September **

*** Due to kindy/pp returning to class (or released to parents) after their event, we are limiting pre-orders to y1-6 only***

Students will have their orders delivered to their faction tent. Parents to collect own orders from cake stall

4 - Lunch Menu (Sports Carnival)

Dates to Remember



- **Friday 25 Aug** Room 16 Assembly & Book Week Parade
- **Tuesday 29 August** P&C Meeting 9am
- **Wednesday 30 August** Book Swap
- **Monday 4 Sept** Faction Jumps & Throws
- **Friday 8 Sept** Faction Athletics Carnival
- **Wednesday 13 Sept** Open Night 5 - 7pm
- **Friday 15 Sept** CARE Focus Assembly
- **Friday 22 Sept** Last day of Term 3.

UNIFORM SHOP

Uniform Shop is open in Weeks 2, 4, 6, 8 & 10, from 8.30 - 10.00am located in the Library.

CANTEEN

The canteen operates on Wednesdays and Fridays each week.

Contact Us



EAST HAMILTON HILL PRIMARY SCHOOL

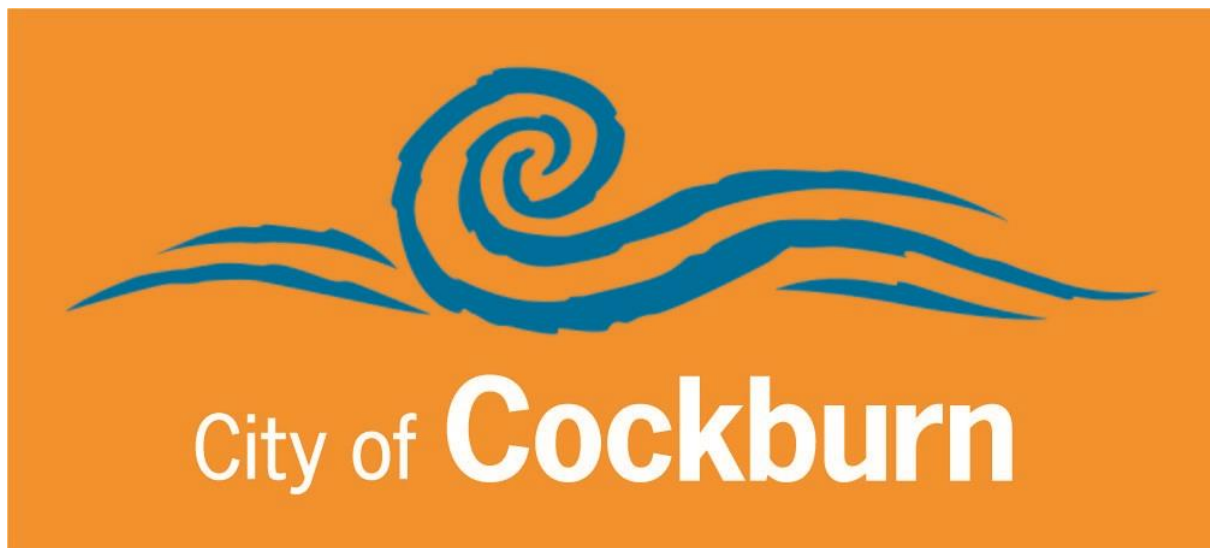
27 Bradbury Road, Hamilton Hill WA 6163

Phone: 9487 9300

Email: easthamiltonhill.ps@education.wa.edu.au

Website: easthamiltonhillps.wa.edu.au

COMMUNITY INFORMATION



Fremantle College





Explore our Learning Opportunities



FREMANTLE
COLLEGE

Register for our
'Twilight Tour'
Wednesday 20 September 2023
5 - 6pm

Bring a rug and join us on the
front lawn after the tour and enjoy the soothing sounds
of our Specialist Contemporary Music Students,
performing from our Solar Stage

**ENROLMENTS ARE OPEN
APPLY TODAY**

www.fremantlecollege.wa.edu.au
9338 8900



Strength Respect Success

Athletics West



ATHLETICS WEST

[Kumon Little Athletics Program for Schools](#) that is currently open for bookings for week 6 of Term 3 onwards.

If you have any questions relating to programs, please contact rebecca@athleticswest.com.au

Please direct any questions relating to events to admin@athleticswest.com.au

Warm regards,

Rebecca Del Pup

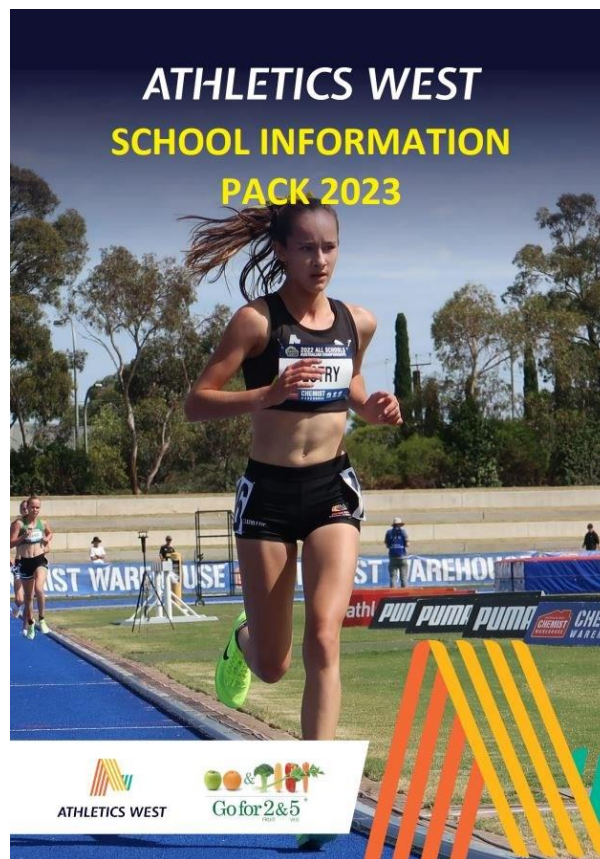
Participation and Junior Programs Officer

Please note I am away working regionally August 1 – 11 & have limited access to emails during this time

ATHLETICS WEST

P: (08) 6272 0480

W: www.athleticswest.com.au



Surf Life Saving Fremantle



Greetings from Fremantle Surf Life Saving Club! We are an integral part of Surf Life Saving Western Australia (SLSWA), the primary coastal safety and rescue organisation in the state. Our patrolling beaches encompasses the stunning shores of Port Beach, Leighton Beach, and Mosman Dog Beach.

Fremantle Surf Life Saving Club is dedicated to beach safety education and providing crucial emergency services. We take pride in our diverse membership, which includes Nippers (5-12yrs), Youth (13-16yrs), Seniors, and Masters, as well as a Starfish Programme for children with additional needs, all contributing to ensuring the safety of beachgoers.

Our Nippers Program at Fremantle SLSC encompasses the following objectives:

- 1. Cultivating surf awareness*
- 2. Boosting confidence and competence in beach-related activities*
- 3. Offering specialized training for competitions and awards*
- 4. Advocating Sun Smart practices*
- 5. Fostering a culture of healthy participation and enjoyment*
- 6. Guiding members toward surf awards suitable for their age*
- 7. Creating a positive, inclusive environment*

As a local school, we invite you to be part of our mission. Your support in sharing the attached flyer in your school newsletter will contribute to our community service.

To learn more about membership options, please don't hesitate to contact us at 9335-4359

Best regards,

Fremantle Surf Life Saving Club

FREMANTLE SURF LIFE SAVING CLUB

20 Leighton Beach Boulevard North Fremantle

9335 4359

www.fremantlesurfclub.com.au



Fremantle Surf
Life Saving Club



BECOME A NIPPER

AT FREMANTLE SURF CLUB

Join our **future heroes** to learn all about Beach safety, through a **fun educational sport**.

OPEN DAY
10th September | 8am-10am

☎ 08 9335 4359
✉ fmslsc@fremantlesurfclub.com.au
🌐 Fremantlesurfclub.com.au



Discover Sailing Day



East Fremantle Yacht Club is hosting a Discover Sailing Day on Sunday 10 September. This is a free, family friendly event that is open to the public for people to come down and try sailing & stand-up paddle boarding. All ages and abilities welcome!

If you have any questions, please don't hesitate to contact me on 9339-8111.

Warm regards

Josie Huck

EAST FREMANTLE YACHT CLUB

DISCOVER SAILING DAY

SUNDAY
12 FEBRUARY
9AM - 12PM

For all
ages &
abilities!

Bring a friend
down & try:

- keelboat sailing
- stand up paddling
- dinghy sailing
- meet our coaches
- explore the club
- stay for lunch



SCAN HERE
TO REGISTER



All boats and safety equipment are provided by the Club. All you need to bring are clothes and shoes you don't mind getting wet, sunscreen and a hat. Call 9339-8111 to book today!

FREE EVENT
OPEN TO
PUBLIC