

NEWSLETTER

Number 17 | Term 4 | Week 6 | 17 November 2021



EAST HAMILTON HILL PRIMARY SCHOOL



FROM THE PRINCIPAL

VOLUNTEER MORNING TEA

Tomorrow after the Pre-Primary assembly, we are hosting a Volunteer Thank You Morning Tea to acknowledge and thank our amazing community for all the help contributed to the school in a myriad of ways throughout the year. We look forward to seeing lots of our community there!

KINDERGARTEN STAY AND PLAY SESSIONS

This Friday we will be holding our Kindergarten 2022 Stay and Play Sessions where we will introduce our new cohort of students to the school. Next year we will have two kindergarten groups and currently have 6 spaces still available for new enrolments.

P&C AGM

Add it to your calendar! Next Monday morning is the P&C AGM where we will be seeking nominations for Executive Committee positions. Even if you are not intending to nominate for any positions, please come along; we welcome all new members!

*** Monday 22 November at 9:00am in the Library**

JACK MYERS

It gives me great pleasure to introduce Mr Jack Myers to the school community; he will be joining our staff for the 2022 school year fulltime. Mr Myers is looking forward to getting to know staff, students and parents and will be working in a relief capacity as needed for the remainder of this year. Welcome Mr Myers!



We look forward to sharing further information regarding school structures for 2022 with the community in the coming weeks.

FREMANTLE COLLEGE

Last Thursday Fremantle College students engaged in the Music program visited our school as part of their Solar Stage Bridgetown Blues Tour. These performances of student bands were a fantastic showcase of the work students do at Fremantle College and a wonderful concert experience for our students and staff out on the oval. The fully solar-powered stage was an equal feature! Thank you to staff and students at Fremantle College!

Next Friday, our Year 6 students enrolled will be attending the College for a full day of High School Transition. This is an outstanding experience for the students as they prepare to move to secondary education.

COMMUNICATION WITH THE SCHOOL

Communication with the school is always important and an aspect that we highly value at East Hamilton Hill PS. Your child's teacher is always the best person to speak to regarding any concerns you have, or if there is information or updates that the school needs to know. Equally, parents are always welcome to speak with me at any time.

PBS REWARDS

Our factions have worked very hard this term as teams demonstrate our CARE expectations and agreements; and we are due for some rewards! In the coming weeks each faction will be engaging with their milestone reward and we look forward to sharing the photos of these with you soon!



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PARENT INFORMATION BOOKLETS

We have updated our Parent Information Handbook ready for 2022 and a copy will be coming home to each family before the end of the year. This updated version is a comprehensive reference for parents regarding school processes, approaches and contact details. Importantly there is information regarding changes to the break times from the start of 2022. We will be replacing Recess and Lunch with Break 1 and Break 2, both will be the same time length and students will be encouraged to eat their lunch during the first break and snacks in the afternoon. This provides students with the most effective fuel for sustained learning; feeding the brain during the longest learning sessions. The canteen will also be providing lunch options for both break sessions with further information to come!

NUDE FOOD TUESDAYS

This Tuesday we will be trialling 'Nude Food Tuesday'. Students will be asked to bring a lunch and recess which is waste free. You may decide to wrap lunch in a beeswax wrap and bring a banana with its own natural wrapping! *Please see the flyer on the back page of the newsletter for more ideas.

Thanks for your support.
The Sustainability Committee

NOONGAR LANGUAGE

Mrs Mippy would like to share our latest focus Noongar vocabulary for the fortnight with the school community.

Ngaangk - mother, and
Maambart - father

We will be listening out for students integrating these words into their conversational vocabulary.

Michelle Nash

PRINCIPAL

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LIBRARY NEWS

All library books are due back in **Week 7**, with the last day being **Friday 26 November 2021**, one week early due to a new system being implemented in the library for 2022. Please ensure that your child returns his/her book(s) and any school library borrowing bags on or before the due date to enable end of term and year processing. Merry Xmas to all, have a happy and safe New Year!

Thank you
Rita Groves
Library Officer



IMPORTANT DATES TO REMEMBER 2021 (keep the dates free for these main events listed below coming up in 2021)

TERM 4

- **Thursday 18 November** - Pre-primary Assembly
- **Thursday 18 November** - Volunteer Morning Tea
- **Friday 19 November** - Kindy 2022 Play & Stay Sessions
- **Monday 22 November** - P&C AGM 9.00am
- **Thursday 2 December** - CARE Breakfast
- **Tuesday 7 December** - Dance Concert
- **Monday 13 December** - Reports go home
- **Wednesday 15 December** - Year 6 Graduation Assembly.
- **Assemblies** are on a Thursday for this term, in Weeks 3, 6 & 8
- **Canteen** is available each **Wednesday** and for a trial basis on **Friday** in Weeks 3 - 8 Term 4.

* For all other important dates that may arise we will update the Term Planner as needed and send notes home.

Thursday 2nd of December
8:00-8:30am

CARE COMMUNITY BREAKFAST

Bring
the
family

Top oval near
the playground

FOLLOWED BY THE
NOONGAR ASSEMBLY

www.easthamiltonhillps.wa.edu.au



DANCE CONCERT INFORMATION

Costumes

Please bring in your child's costume, in a bag with their name on it as soon as possible.

To see what costume your child needs to wear, please see previous post on our Social Page, or speak to your child's teacher.

Burger Bar

Pre-Orders MUST be placed through MY SCHOOL CONNECT app. No orders available on the night. Burgers are \$6.00 each.

Beef, Vegetarian and Gluten Free options available

Orders must be in by 9am Friday 3rd December



Raffle Tickets & Donations

Raffle donation boxes can be found outside each classroom.

We ask that NO ALCOHOL be donated

Get your raffle tickets through the My School Connect app - now until the concert at \$1.00 ea

Volunteers Needed

As always we rely on the help of volunteers to ensure the evening runs smoothly.

Volunteers are required for the Burger Bar, Cake Stall as well as setup and pack down.

Please comment below or get in touch if you can help with any of these.

Cake Stall

We'd love all you baking superstars to bring in a plate of cakes, slices, muffins etc to sell at our cake stall. Savoury or sweet, but preferably nut-free. Please bring your plates straight to the cake stall on the night.



Information for PARENTS



WHAT IS NUDE FOOD?

NUDE FOOD is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

I'M A NUDE FOOD WARRIOR



✓ TO PACK A NUDE FOOD LUNCH OR SNACK, YOU WILL NEED:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

✗ TRY TO AVOID:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

TIPS FOR PACKING NUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.